Secure attachment is more likely if:

- Parent is unusually sensitive and responsive to infant’s needs
- Infant-caregiver relationship has high synchrony
- Infant’s temperament is “easy”
- Parents are not stressed about income, marriage, other kids
- Parents have a “working model” of secure attachment to own parents

Insecure attachment is more likely if:

- Parent mistreats child (Neglect increases type A; abuse increases C & D)
- Mother is mentally ill (Paranoia increases D; depression increases C)
- Parents are highly stressed (A & D are increased)
- Parents are intrusive and controlling (A increases)
- Both parents are active alcoholics (Father increases A; mother increases D)
- Child’s temperament is “difficult” (Correlates with C)
- Child’s temperament is “slow to warm up” (Correlates with A)